



Suggested Packing List

- Bed linens – sheets (single/twin size) & blankets or sleeping bag
- Pillow(s)
- Bath Towels, Wash Cloths
- Personal Care - shampoo, soap, deodorant, toothbrush, toothpaste, etc.
- Hair dryer
- Clothing
 - Casual, comfortable clothing – shirts, shorts, jeans/long pants, etc.
 - **Note: Please be prepared to wear long pants on Friday for our session at the Florida Capitol.**
 - Appropriate Swimwear
 - Nice dress attire for Sunday
 - Ladies – skirts, dresses or dress pants
 - Men – dress pants, shirt and tie
 - Jacket, sweatshirt or other long sleeve shirts (it gets chilly in some of our meeting rooms)
- Shoes (No flip-flops). You will need closed toes shoes for the Capitol and Community Service Projects.
- Rain coat (this is Florida)
- Alarm clock
- Spending money (for souvenirs and HOBY merchandise)
- Camera
- Talent Show Accessories
- Barter Barn Items
- Driving Directions
- Good Attitude and an Open Mind

Prescription Medication:

If applicable, be sure to bring any prescription medication. Please bring only as much medication as will reasonably be needed during the HOBY event (4 days). Medication must be in its **original** container as labeled by the pharmacy. A Medication Verification Form for Physicians must be on file for all prescription medications. Please refer to the Policy for Use of Medication During a HOBY Event included in the pre-seminar materials for more information.

Check In:

Check in will start at 5:00 p.m. on May 14, 2009 and last until 7:00 p.m. Please make every effort to arrive during that time frame.

Questions:

Please contact Steven Hall via email at StevenLHall@gmail.com with any questions.